

Physial Education

S.No.	ISBN	Author	Title	Publishers	Publishing Year	Pirce
1	9789385358005	Singh, V.	Treatment of Diseases Through Yoga	A. Kumar & Sons	2016	1,100.00
2	9789385085215	Singh, W.	Hatha Yoga for Human Health	A.J. Books	2021	1,200.00
3	9789385085222	Kumar, D.	Great Sports Person of India	A.J. Books	2016	800.00
4	9789348261540	Munsterberg, H.	Psychotherapy	Aadi Books	2025	1,550.00
5	9789392918506	Dr. Bhagat, G.	Exploring Yoga	Aadi Books	2024	750.00
6	9789383381883	Verma, M.K.	Bhakti Yoga Pilgrimage	Aadi Books	2022	800.00
7	9789383381661	Kumar, D.	Sports Person from North East India	Aadi Books	2021	650.00
8	9789383381647	Trehan, S.	Health & Healing in Yoga	Aadi Books	2016	980.00
9	9789383913398	Gupta, R.	Yoga & Pranayama Exercise	Abhay Publication	2020	1,250.00
10	9789384862206	Kaur, I.	Massage , Acupressure & Sun Treatment in Yoga	Abhay Publication	2016	1,100.00
11	9789384862220	Shukla, P.	Complete Guide for Health & fitness	Abhay Publication	2015	900.00
12	9789389118032	Haldar, P.	Becoming a Personal Trainer	Academic Library	2020	705.00
13	9788193932643	Fallon	Playing Basketball - A learning Manual	Academic Library	2019	1,000.00
14	9789384860257	Kadyaan, N.	Yoga Philosophy	Amazing Publishers	2022	1,250.00
15	9788193925225	Bradshaw, D.	Atheletics and Swimming: A First Book	Baverly Educatiional Publishers	2019	1,000.00
16	9788193925249	Malone	Gymnastics: An Introduction	Baverly Educatiional Publishers	2019	1,000.00
17	9789385359088	Kumar, U.	Health Fitness & Yoga Tips	Deepansh Publication	2016	1,150.00
18	9789384863708	Yadav, P.K.	Yoga Book The : A Practical Guide to Self-Realization	Diamond Creations	2020	800.00
19	9788192920436	Singh, V.	Yoga Health, Benefits : Flexibility, Strength & Posture	Diamond Creations	2020	3,000.00
20	9789395680042	Dr. Kumar, A.	Yoga : As Cultural Heritage	Hari Books	2022	1,500.00
21	9789384877194	Nijhawan, V.	Nature Care and Yoga Therapy	Hari Books	2017	800.00
22	9789384984816	Murtaza et.al.	Textbook on Kinsiological Basics of Physical Ativity	Homage Publication	2022	1,950.00
23	9789384984090	Pal, S.	Rajeev Gandhi Khel Ratna Awards	Homage Publication	2016	1,250.00
24	9789384984069	Singh, P.	Yoga & Health Advice	Homage Publication	2016	1,150.00
25	9789384987077	Kumari, N.	Yoga Tips to Stay Fit	Insight Publication	2020	1,150.00
26	9788193029763	Singh, S.	Arjuna Award Winners	Insight Publication	2015	1,250.00
27	9789384987015	Sharma, T.H.	Sports & Exercise Science	Insight Publication	2015	1,500.00
28	9789384861872	Digvijay et.al.	Illustrated Textbook of Orthopedic and Sport Condition	Jyotsana Publication	2021	650.00
29	9789384861896	Sharma, D.	Textbook of Clinical Physiotherapy	Jyotsana Publication	2020	1,450.00
30	9789384861193	Reddi, T.O.	Yoga : Way of Health Life	Jyotsana Publication	2016	1,100.00
31	9789348029454	Dr. Bhagat, G.	Light on Yoga	Kitabwale	2024	750.00
32	9788194860587	Diwakar, V.M.	Spirituality of Yoga	Kitabwale	2021	1,400.00
33	9789385754630	Jain, A.R.	Yogic Practice in Jainism	Kitabwale	2019	1,100.00
34	9789385754319	Jain, A.R.	Yoga The Holistic System of Healing	Kitabwale	2018	3,000.00

35	9789389120035	Sinha	Gymnastic and Yoga: An Introduction	Kolegne International Pvt. Ltd.	2020	1,050.00
36	9788193896242	Scott, B.	Yoga : An Introduction	Kolegne International Pvt. Ltd.	2019	1,100.00
37	9789388579018	Felix, J.	Becoming a Cricketer : Basics	M.L. Books	2019	990.00
38	9789392894589	Trehan, S.	Yoga for Women	Momentum Publishers & Distributors	2024	1,250.00
39	9788193917718	Verma, M.K.	Health, Physical Education and Sports for Youths	Momentum Publishers & Distributors	2019	1,200.00
40	9788194105831	Chatterjee, R.	Becoming a Boxer & Wrestler: Basics	New Era Books	2020	1,230.00
41	9789384864804	Kadyaan, N.K.	Bhakti Yoga : The Nature of Devotion	Nisha Scientific	2022	1,250.00
42	9789393274021	Fisher Irving	Healthful Living	Nisha Scientific	2022	1,100.00
43	9789384864200	Kadyaan, N.	Teaching of Yoga	Nisha Scientific	2022	1,350.00
44	9789385084195	Trehan, P.K.	Naturopathy & Yoga	Pratap Book Service	2021	1,350.00
45	9789385084331	Kumar, M.	Ayurveda and Yoga	Pratap Book Service	2020	800.00
46	9789392595400	Bissu, A.	Archery in India: Bullseye to Success	Rishabh Books	2024	700.00
47	9789381284711	Singh, V.	Healing Power of Yoga	Rishabh Books	2023	800.00
48	9789381284667	Trehan, S.	Yoga for Stress Management	Rishabh Books	2021	1,350.00
49	9788193562048	Mishra, A.K.	Legends of Indian Cricket	Rishabh Books	2020	850.00
50	9788193562031	Mishra, A.K.	Star Indian Cricketers	Rishabh Books	2020	800.00
51	9789383982349	Philena, B.	Body Mind & Spirit: Know That You are Loved	Rishabh Books	2017	650.00
52	9789388580069	Cox	Global Aquatic Sports	River Publication	2019	1,000.00
53	9789383382354	Kadyaan, N.	Yoga for Everybody	Rohit Publication	2016	1,250.00
54	9789383382156	Pawar, S.	Women & Sports	Rohit Publication	2015	1,050.00
55	9789392899591	Meena, T.R.	Research Methodology in Physical Education	Seva Books	2024	2,700.00
56	9789384986063	Malik, A.	Method of Yoga	Shiksha Deep Prakashan	2016	1,200.00
57	9788119448142	Tripathi, G.K.	Social Issues in the Plays of Vijay Tendulkar and Mahesh Dattani	Shree Publishers & Distributors	2024	850.00
58	9788183292993	Singh, M.	Anatomy, Physiology & Health Education	Shree Publishers & Distributors	2023	3,300.00
59	9788183292856	Singh, R.P.	Fitness & Health Education	Shree Publishers & Distributors	2023	1,000.00
60	9789390674244	Gangy, O.	History of Physical Education	Shree Publishers & Distributors	2023	1,500.00
61	9789390674312	Rawte & Gangey	Organisation, Administration and Supervision in Physical education	Shree Publishers & Distributors	2023	1,400.00
62	9789390674978	Singh, S.	Sports Injuries	Shree Publishers & Distributors	2023	1,450.00
63	9789390674961	Singh, S.	Sports Medicine	Shree Publishers & Distributors	2023	1,500.00
64	9788183297813	Trehan, P.K.	Ashtanga Yoga : Practice & Philosophy	Shree Publishers & Distributors	2022	1,400.00
65	9788183291724	Bajpai, R.P	Current Trends in Library & Information Science	Shree Publishers & Distributors	2022	1,350.00
66	9788183292887	Singh, V.K.	History of Physical Education	Shree Publishers & Distributors	2022	1,350.00
67	9788183292849	Singh, R.P.	Introduction to Physical Education	Shree Publishers & Distributors	2022	1,200.00
68	9788183292863	Singh, V.K.	Physical Education Teaching Methods	Shree Publishers & Distributors	2022	1,250.00

69	9788183291187	Betal, C.H.	Preksha Meditation & Drug Abusers' Personality	Shree Publishers & Distributors	2022	1,000.00
70	9789382156604	Singh, P.	Teaching Methods of Physical Education	Shree Publishers & Distributors	2021	2,500.00
71	9788183292276	Chanchreek, K.L.	Eminent Women : Sports	Shree Publishers & Distributors	2020	1,200.00
72	9788183292870	Singh, V.K.	Psychology in Sports & Physical Education	Shree Publishers & Distributors	2020	1,550.00
73	9788183293884	Poonia, M.	Sports Journalism	Shree Publishers & Distributors	2020	1,700.00
74	9788183297776	Singh, W.	Yoga Darshan	Shree Publishers & Distributors	2019	1,350.00
75	9788183293174	Kumar, S.	Exercise Therapy (PB)	Shree Publishers & Distributors	2018	400.00
76	9788183296410	Gyanpuri, V. et.al.	Textbook of Physiotherapy	Shree Publishers & Distributors	2018	3,100.00
77	9788183298216	Kumar, S.	Fitness and Wellness	Shree Publishers & Distributors	2017	800.00
78	9788183294676	Ewerhardt, F.H.	Therapeutic Exercise	Shree Publishers & Distributors	2017	750.00
79	9788183298322	Verma & Mukesh	Yoga Book The : A Practical Handbook in 2 vol.	Shree Publishers & Distributors	2017	4,500.00
80	9788183293242	Kumar, S.	Physiotherapy : An Introduction (PB)	Shree Publishers & Distributors	2015	225.00
81	9788189948184	Reddy, Y.K.	Sports Psychology	Srishti Book Distributors	2024	1,600.00
82	9788189948214	Reddy, Y.K.	Rules of Games & Sports	Srishti Book Distributors	2019	1,800.00
83	9788189948153	Reddy, Y.K.	Sports Management	Srishti Book Distributors	2019	1,800.00
84	9788189948092	Reddy, Y.K.	Sports Marketing	Srishti Book Distributors	2019	1,800.00
85	9789385088001	Singh, W.	Yoga & Health Promotions in Schools	Srishti Book Distributors	2016	1,250.00
86	9788189948122	Ranjan, R.	E-Health	Srishti Book Distributors	2014	1,300.00
87	9788189948207	Reddy, Y.K.	Encyclopaedia of Sports - in 5 Vols.	Srishti Book Distributors	2009	9,000.00
88	9788189948221	Reddy, Y.K.	Sports Journalism	Srishti Book Distributors	2009	2,000.00
89	9789392516160	Rawte, B.R.	Physical Education and Psychology	University Publication	2023	1,450.00
90	9789392516184	Rawte & Ganey	Principles and Foundation of Physical Education	University Publication	2023	1,500.00
91	9789392516191	Rawte & Ganey	Sociological Aspects in Physical Education	University Publication	2023	1,400.00
92	9788175557291	Singh, W.	Psychology of Yoga	University Publication	2021	1,250.00
93	9788184084078	Reavely, D.	Healthy Diet for Children	University Publication	2018	1,600.00
94	9788175557642	Kumar, S.	Physical Fitness, Wellness and Lifestyle	University Publication	2017	800.00
95	9789384985141	Kuamr, J.	Yoga Pose & Naturopathy	Vibhavri Publication	2016	1,150.00